

Child & Youth Mental Health & Substance Use Physicians Community of Practice

October 19th, 2018

Pinnacle Hotel Harbourfront – 1133 West Hastings Street, Vancouver
Ports of the World

Goals for October 19, 2018

Provide physicians with opportunities to:

- Move from planning to action by ratifying the CYMHSU Physicians CoP's strategic plan and building a strong mandate to move forward with achieving key priorities. These include: (1) working with government ministries in promoting collaborative team-based CYMHSU care, (2) expanding practitioner recognition of the prevalence of childhood trauma, and (3) adopting a trauma-informed approach to care.
- Form in-depth and expanded professional networks of CYMHSU physician champions and leaders to sustain the work, all with the goal of seamless care of youth with mental health and substance use problems in the province.
- Learn and share best practices and clinical supports for CYMHSU care for patients, families, communities, and professionals. There are expanding resources of best practice models in CYMHSU care in the province/country and internationally. We will continue to compile and synthesize these developing resources for the coordination of general best practices going forward.

About Our Speakers

Christine Vandebek

Founder of EFFECT Change Advisory, Christine Vandebek is working alongside the CYMHSU Physicians Community of Practice as a facilitator. Christine has a proven ability to unlock strategic thinking, and a 15-year track record of working with physicians in clinical research, quality improvement, and physician leadership development.

CYMHSU Physicians Community of Practice Steering Committee

Dr Matt Burkey (Psychiatrist, Williams Lake), **Dr Matt Chow** (Psychiatrist, Vancouver), **Dr Jana Davidson** (Psychiatrist, Vancouver), **Dr Rob Lehman** (GP, Gibsons) and **Dr Shirley Sze** (GP, Kamloops) are members of the CYMHSU Physicians Community of Practice Steering Committee.

The three working groups of the CYMHSU Physicians CoP are also chaired by members of the Steering Committee: 1) Government & Physicians Working Group (Matt Chow), 2) Adverse Childhood Experiences (ACEs) Working Group (Shirley Sze), and 3) Networking Working Group (Matt Burkey).

Physicians who attend will be eligible for reimbursement for up to 7 hours of sessional time and expenses, according to the Shared Care Committee policy.

Friday, October 19th

07:30 – 08:30	Registration & Breakfast	
08:30 – 08:45	Welcome	Matt Burkey, Matt Chow, Jana Davidson, Rob Lehman, Shirley Sze
08:45 – 08:55	Overview of the Day	Christine Vandebek
08:55 – 09:15	CYMHSU Policy Directions Macro-level update on CYMHSU care in BC.	Matt Chow
09:15 – 09:45	Review of Accomplishments Brief summary of activities since our April meeting, particularly related to the three identified focus areas.	Matt Burkey Matt Chow Shirley Sze
09:45 – 10:15	Networking & Team Building What motivated you to attend today?	Christine Vandebek All – Table Groups
10:15 – 10:30	Break	
10:30 – 10:45	Slack Platform The CYMHSU CoP’s one-stop shop.	Matt Burkey
10:45 – 11:05	Strategic Plan Discussion about the Community of Practice’s united vision, unique value proposition, achieving key short and long-term priorities.	Matt Burkey, Matt Chow, Jana Davidson, Rob Lehman, Shirley Sze
11:05 – 12:35	World Café Hands-on activity to create action plans for the Community of Practice’s key priorities.	Christine Vandebek All – Table Groups
12:35 – 13:35	Lunch	
13:35 – 14:25	Next Steps Discussions to strengthen our commitment to the vision of the Community of Practice, and reflect on our influence within our local communities.	Christine Vandebek All – Table Groups
14:25 – 14:40	COMPASS (formerly BCMAP) A key clinical support for CYMHSU.	Susan Baer, Matt Burkey
14:40 – 15:15	New Cannabis Legislation & CYMHSU Practical resources for treatment and support for youth and families.	Carol-Ann Saari, David Smith
15:15 – 15:30	Closing & Thank You	Matt Burkey, Matt Chow, Jana Davidson, Rob Lehman, Shirley Sze