# Polypharmacy Risk Reduction

# Building Local Capacity & Sustainability through Meaningful Medication Reviews

# OVERALL OBJECTIVE

# To achieve polypharmacy risk reduction (PPhRR) in the elderly across British Columbia

# SESSION OBJECTIVE

# Equip physicians with the skills and resources to carry out Meaningful Medication Reviews

# LEARNING OUTCOMES

# Physicians will have an awareness of:

* Polypharmacy risk and how to safely reduce that risk
* How using dementia trajectory concepts as well as goals of care sets the context for the benefits of PPhRR
* The opportunities for using clinical resources and strategies that have been developed to facilitate the PPhRR process
* Local interdisciplinary approaches to Meaningful Medication Reviews within the Residential Care Initiative

# PRE-WORK

# Please watch the following videos on polypharmacy risk reduction: <http://www.sharedcarebc.ca/initiatives/polypharmacy/Clinical%20Support>

# Main page:

<http://www.sharedcarebc.ca/initiatives/polypharmacy>

# Building Local Capacity & Sustainability

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| 2nd SESSION  |
| Meal & Networking |  |
| Welcome and Recap from Session 1Resources to support Goals of Care conversations |  |
| Special Circumstances – Antipsychotics |  |
| Profile of the local Interdisciplinary Approach for Meaningful Medication Reviews |  |
| Table and group discussion: Interdisciplinary Approach for Meaningful Medication Reviews |  |
| Case Review- Putting the Interdisciplinary Approach for Meaningful Medication Reviews into Practice |  |
| Mentoring-Value and Opportunities |  |
| Putting the pieces together in the context of the RCI and Next steps |  |
| Wrap-up & Evaluation |  |