

## CYMHSU Collaborative

### North Okanagan: Local Action Team Aims and Measures for September 1, 2014 to February 28, 2015

Local Action Team:	Vernon		
Co-Chairs:	Dave MacKenzie & Sue Rossi		
Project/Community Development Lead:	Kara Wilhelms		
Members – Names & Affiliations:			
Name	Affiliation	Name	Affiliation
Lory Borges	Interior Health	Dave MacKenzie	SD 22
Dr. Dave Smith	Interior Health	Doug Rogers	SD 22
Diana Gawne	Interior Health	Dr. Elizabeth Jolly	Interior Health
Elaine Jameson	MCFD	Naiomi Erickson	SD 22
Heidi Forgo	MCFD	Gay Jewitt	Non-profit
Lia Harris	Interior Health	Jan Shumay	Non-profit
Jan Schulz	Non-profit	Kemp Redl	MCFD
Kathy Szoboticsanec	RCMP	Monica Lloyd	SD 22
Monica Kriese	FORCE	Maya Verkerk	MCFD
Sue Rossi	CMHA	Yolanda Short	Interior Health

LAT CYMHSU Charter Objective(s)	Specific Aims for Action Period July 1, 2014 to February 28, 2015	Measurements
“What objective from the Charter are we addressing”?	“What are we trying to accomplish”?	“How will we know that a change is an improvement”?
<ul style="list-style-type: none"> <li>• New LATs to identify one or more objectives to be completed by June 2015.</li> <li>• Established LATs to achieve two or more objectives by June 2015.</li> </ul>	<ul style="list-style-type: none"> <li>• Aims are steps intended to meet an overall objective but can be specific and unique to your community’s needs.</li> <li>• Who, What, Where, When?</li> <li>• Be specific and keep it realistic and achievable.</li> </ul>	<ul style="list-style-type: none"> <li>• Make measures meaningful.</li> <li>• Measure by quantifying/counting, observing, asking....</li> <li>• Keep measures simple and establish a baseline if possible.</li> <li>• Did you make a positive difference? If not, adapt your aim(s) and try again.</li> </ul>
<p>LAT Objective 5:</p> <p>Objective a: Work with schools to provide mental health &amp; substance use literacy for school district employees through initiatives related to the CYMHSU Collaborative.</p>	<p>Subcommittee will be created/assigned by the next LAT meeting (November 25, 2014).</p> <p>Task of subcommittee:</p> <ul style="list-style-type: none"> <li>-define mental health/substance use literacy</li> <li>-determine available local &amp; provincial resources</li> <li>-recruit teachers/facilitators</li> <li>-engage alternative schools</li> </ul> <p>Audience: All SD Employees, Private schools, home schoolers, Early Years community, Okanagan College staff.</p> <p>Subcommittee facilitated by Project Lead.</p>	<p>Intended Outcomes:</p> <p>Universal education to all employees.</p> <p>Assigned protocols for teachers.</p> <p>Knowledge of signs &amp; symptoms.</p> <p>Knowledge of local &amp; provincial resources available.</p> <p>Knowledge of referral system.</p> <p>Follow-up evaluation</p>

<p>LAT Objective 5:</p> <p>Objective 1:</p> <p>Work with schools to provide mental health &amp; substance use literacy for families through initiatives related to the CYMHSU Collaborative.</p>	<p>Subcommittee will be created/assigned by next LAT meeting (November 25, 2014).</p> <p>Task of subcommittee: -define mental health/substance use literacy in user-friendly language -compile available local &amp; provincial resources -determine gaps in service from families.</p> <p>Subcommittee facilitated by Project Lead.</p> <p>Audience: adults responsible for raising child/children. Parents, guardians, caregivers. Caregivers of international students.</p> <p>Will take advantage of existing audiences such as sports associations, service clubs and churches.</p>	<p>Intended Outcomes:</p> <p>Families have greater understanding of mental health &amp; substance use in user-friendly language</p> <p>Knowledge of signs &amp; symptoms.</p> <p>Knowledge of local &amp; provincial community resources.</p> <p>Understand the needs of families related to mental health &amp; substance use issues.</p> <p>Understanding of the referral system.</p> <p>Follow-up evaluation</p>
<p>LAT Objective 5:</p> <p>Objective c: Work with schools to provide mental health &amp; substance use literacy for students through initiatives related to the CYMHSU Collaborative.</p>	<p>Subcommittee will be created/assigned by the next LAT meeting (November 25, 2014).</p> <p>Task of subcommittee: -determine age-appropriate mental health &amp; substance use literacy for elementary and high school students -determine local &amp; provincial</p>	<p>Intended Outcomes:</p> <p>Understanding of age-appropriate mental health &amp; substance use</p> <p>Knowledge of local &amp; provincial resources</p> <p>Understanding of gaps in service/needs</p>

	<p>resources available -focus on needs of students</p> <p>Audience: Elementary students, high school students, online school, private school, homeschoolers, Early Years, alternate programs, Okanagan College, International students, "Home Stay" students.</p>	
<p>LAT Objective 6:</p> <p>In consultation with PSP Regional Support Teams, increase participation in the Practice Support Program's (PSP) Child &amp; Youth Mental Health Module by family physicians, as well as CYMHSU partners and service providers, such as MCFD, school counselors and community agencies. Targets for improvement will be locally determined in conjunction with the PSP program and should be robust and significant.</p>	<p>Project Lead will research and bring to January 2015 LAT meeting:</p> <ul style="list-style-type: none"> <li>-numbers delivered at previous PSP</li> <li>-further appetite for another PSP module in community.</li> <li>-Previous PSP evaluations</li> <li>-Meet with PSP trainer</li> </ul> <p>Audience: Physicians &amp; Service providers</p>	<p>Intended Outcomes:</p> <p>Universal knowledge for physicians and other service providers</p> <p>Community Resource Directory for GP, ER physicians</p> <p>Knowledge of referral system</p>