

**Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative**  
**Abbotsford Local Action Team - Aim and Measures for April 1, 2015 to March 31, 2016**

<b>Local Action Team:</b>	Abbotsford			
<b>Co-Chairs:</b>	<i>Dr. Kara Aiton, Abbotsford Division of Family Practice</i>			
	<i>Paul Enns, Team Leader, Child and Youth Mental Health, MCFD</i>			
<b>Project Lead:</b>	<i>Louise Smith</i>			
<b>Members:</b>				
	<b><i>Name</i></b>	<b><i>Affiliation</i></b>	<b><i>Name</i></b>	<b><i>Affiliation</i></b>
	Dr. Onome Agbahovbe	Child Psychiatrist	Brian Gross	Executive Director, Impact Youth and Family Substance Use Services
	Dr. Warren Anquist	Paediatrician	Leigh Howard	Director of Instruction, Learning Support Services, Abbotsford School District
	Palwinder Kelay Parveen Badwal	South Asian Community Resource Office (SACRO), ACS	Shairose Jinnah	Director, Child, Youth and Family Services, ACS
	Gina Broswick	Parent in Residence, Abbotsford FORCE	Simone Maassen	Manager, Youth Resource Centre ACS
	Lindsey Byrne	Youth, lived experience, Abbotsford, FORCE	Karen McLean	Executive Director at Fraser Valley Child Development Centre
	Dr. Jody Ching	General Practitioner	Dr. Maple Melder Crozier	Department Head, Child, Youth and Family Studies, University of the Fraser Valley
	Karen Copeland	Parent, Abbotsford, FORCE	Chelsea Van den bosch	FORCE youth
	Janit Doyle	Team Leader, Aboriginal Child & Youth Mental Health, MCFD	Sgt Casey Vinet	Youth Squad, Abbotsford Police
	Mary Anna Ennis	Acting Coordinator, Child and Youth Crisis Program, Fraser Health	Tracy Wilkins	Therapist, Youth Concurrent Disorders, MCFD/Fraser Health
	Shalom Gillmeister	FORCE youth		

LAT Charter Objective	Specific Aims “What are we trying to accomplish?”	Changes you want to try “What changes can we try that will lead to improvement?”	Measurements: “How will we know that a change is an improvement?”
<b>Objective 2:</b> <b>Support sustainable models of collaborative care.</b>	Mental health and substance use services of Abbotsford aim to provide readily available and easily accessible youth and family-centred services that are integrated and collaborative.	2.A. Explore a web-based resource that will be accessible by 3 different user groups: Abbotsford clinicians, youth and families. This resource format would be designed with the intent to be easy to navigate, provide relevant resources for the user group, and provide resources specific to Abbotsford.	<ul style="list-style-type: none"> <li>• Number of youth, parents and clinicians who report meaningful engagement in design process.</li> </ul>
		2.B.1. Explore and test content and formats that increase awareness amongst youth and families about Abbotsford resources to assist with child and youth mental health and substance use concerns.	<ul style="list-style-type: none"> <li>• Number of youth reported by Abbotsford Youth Health Centre to attend for mental health and substance use concerns.</li> <li>• Website traffic to CYC Resources page in relation to awareness campaign.</li> </ul>
		2.B.2. Test and explore ways of leveraging the goodwill among community partners to increase support for the Abbotsford Youth Health Centre (AYHC).	<ul style="list-style-type: none"> <li>• Number of additional community organizations contributing to the operation of the AYHC.</li> </ul>
		2.C. Explore and test how capacity building activities involving youth and family service users impacts the development and delivery of CYMHSU services.	<ul style="list-style-type: none"> <li>• Service providers report how they’ve changed their practice after engagement with youth and family service users.</li> </ul>

		<p>2.D. Explore and test how collaboration among community partners to provide childminding reduces this barrier (i.e. childminding) to services by families.</p>	<ul style="list-style-type: none"> <li>• Parents report that the availability of childminding enabled their attendance at CYMHSU sessions.</li> </ul>
		<p>2.E.1 Engage with parents of middle years children and young teenagers to explore accessibility to Abbotsford CYMHSU services.</p> <p>Test if an orientation to current Abbotsford CYMHSU resources increases access to those services.</p>	<ul style="list-style-type: none"> <li>• Number of youth, parents who report meaningful engagement in design process.</li> <li>• Parents report an increase in their awareness of Abbotsford CYMHSU services following session.</li> </ul>
		<p>2.E.2 Engage with aboriginal community members to explore accessibility to Abbotsford CYMHSU services.</p> <p>Test if an orientation to current Abbotsford CYMHSU resources increases access to those services.</p>	<ul style="list-style-type: none"> <li>• Number of Aboriginal youth, parents and service providers who report meaningful engagement in design process.</li> <li>• Aboriginal community members report an increase in their awareness of Abbotsford CYMHSU services following session.</li> </ul>
		<p>2.E.3 Engage with new immigrant families to explore accessibility to Abbotsford CYMHSU services.</p> <p>Test if an orientation to current Abbotsford CYMHSU resources increases access to those services.</p>	<ul style="list-style-type: none"> <li>• Number of new immigrant parents, youth and service providers who report meaningful engagement in design process.</li> <li>• New immigrant community members report an increase in their awareness of Abbotsford CYMHSU services following session.</li> </ul>