Rosenberg Original Case-90 Year Old Woman Admitted To Residential Care

Moderate Alzheimer’s Disease; Husband and daughter supportive

Reason for admission- High risk for independent living, caregiver burnout

Functional status and problems identified at the review

* + - 1. MMSE 11; Engages with family and will speak with some paraphrasia
      2. Will do a.m. care with standby; Toilets self, feeds self
      3. Back pain- Chronic intermittent, generally mild
    1. Behaviour- no reported problems, some anxiety at pill time
  1. Unsteady, Forgets to use walker
  2. Anorexia . Poor intake, Weight loss 5 lbs; Constipation-painful BM
  3. Edema - +3 with some stasis dermatitis

Goals of Care: QofL, maintain function, control symptoms, not ‘survival’, expected life expectancy <2 years

Other Clinical Findings

* 1. BP -124/64 sitting and 106/60 standing
  2. HGB -104 ; Ferritin 30; B12 280; A1C 5.5; GFR 54

Medications

* 1. Oxazepam 30mg Insomnia
  2. Galantamine 16mg Dementia
  3. Risperidone 0.5mg BID Agitation, aggression, paranoia
  4. Citalopram 20mg Depression
  5. Felodipine 10mg HTN
  6. HCTZ 25mg HTN
  7. Ramipril 5mg Microalbumineria
  8. Atorvastatin 20mg Hyperlipedemia (No IHD/CVA)
  9. Ecasa-81mg od Primary prevention CVD
  10. Metformin 1000mg BID Type 2 Diabetes
  11. Allopurinol 300mg Gouty arthritis
  12. Alendronate, Ca, Vit. D Osteoporosis (no know #)
  13. Naproxen 250mg TID Back pain