# 2019-2021 CYMHSU CoP Strategic Plan

### Our mission

To equip physicians with the tools, skills, and relationships to realize integrated child and youth mental health (CYMH) care across BC

Our areas of focus

2019

2021

#### GUIDE

health system decision-making towards equitable access to integrated CYMH care

## We are uniquely positioned to participate with government and health system partners in addressing CYMHSU needs...

- Build an efficient and effective process for consulting with CoP on behalf of health system partners
- oMap out how specialized care for children and youth with mental health and substance use needs could intersect with the patient's medical home (family practice)
- oCollaborate with publicfacing partner to develop CYMHSU/ACEs awareness and family activation campaign olnitiate mentorship connections within CoP

between emerging and

experienced change leaders

oInfluence provincial policy to promote commitment to CYMHSU is on par with commitments to equity and continuity of care for child and youth physical care needs.

#### Macro Level commitments

Meso

Level

# **ADVANCE**

a new standard of care by enrolling communities in trauma-informed care

## ...and suggest opportunities for advancing accessible, integrated care throughout the province:

- oPartner to embed ACEs in PSP modules for GPs oStimulate commitment of all CoP members to complete ACEs learning
- oLeverage partnerships to increase clinician uptake of ACEs learning
- Advise on models for crosssector collaborative action

Timely, seamless

CYMHSU care

**OUR VISION** 

across BC

#### STRENGTHEN

our Community of Practice

# our impact depends on the breadth and engagement of our Community of Practice.

- oPartner with professional associations to expand membership by >50%
- oFacilitate forum for practice oReach 350 members. advice from peers throughout year oExpand 2019 membership by >25%
  - oKey CoP interactions are self-organized by members

Micro Level commitments