# CYMHSU CoP Strategic Plan (2019-2021)

## Our Mission

To equip physicians with the tools, skills, and relationships to realize integrated child and youth mental health (CYMH) care across BC.

## Our Areas of Focus

<table>
<thead>
<tr>
<th>GUIDE</th>
<th>2019</th>
<th>2020</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>health system decision-making towards equitable access to integrated CYMH care</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ADVANCE</td>
<td>...and suggest opportunities for advancing accessible, integrated care throughout the province</td>
<td></td>
<td></td>
</tr>
<tr>
<td>STRENGTHEN</td>
<td>our impact depends on the breadth and engagement of our Community of Practice</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Guide

- We are uniquely positioned to participate with government and health system partners in addressing CYMHSU needs...
  - Build an efficient and effective process for consulting with CoP on behalf of health system partners
  - Map out how specialized care for children and youth with mental health and substance use needs could intersect with the patient’s medical home (family practice)

### Advance

- Partner to embed ACEs in PSP modules for GPs
- Stimulate commitment of all CoP members to complete ACEs learning

### Strengthen

- Partner with professional associations to expand membership by >50%
- Facilitate forum for practice advice from peers throughout year
- Expand 2019 membership by >25%
- Reach 350 members.
- Key CoP interactions are self-organized by members

### Macro Level Commitments

- Influence provincial policy to promote commitment to CYMHSU is on par with commitments to equity and continuity of care for child and youth physical care needs.

### Meso Level Commitments

- Collaborate with public-facing partner to develop CYMHSU/ACEs awareness and family activation campaign
- Initiate mentorship connections within CoP between emerging and experienced change leaders

### Micro Level Commitments

- Advise on models for cross-sector collaborative action

**OUR VISION**

Timely, seamless CYMHSU care across BC