

Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative

Local Action Team Aims and Measures for April 1, 2015 to March 31, 2016

Each Local Action Team will develop a one page document linked to the BC CYMHSU Collaborative Charter which will identify its aims and measures for the upcoming Action Period.

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| Local Action Team: | Creston – East Kootenay | | |
| Co-Chairs: | Dr. Randy Grahn, Dianne MacDonald-Sutcliffe | | |
| Project Lead: | Jill Bain Admin Support: Nancy Rainey | | |
| Members – Names & Affiliations: | | | |
| <i>Name</i> | <i>Affiliation</i> | <i>Name</i> | <i>Affiliation</i> |
| Dr. Randy Grahn | Family physician | | |
| Dianne MacDonald-Sutcliffe | SD#8 | | |
| Wendy Wiens | MCFD | | |
| Chris Huston | Interior Health, | | |
| Julie Miller | East Kootenay Addiction Services | | |
| Colleen Deatherage | Valley Services | | |
| Robert Gollan (Gerry Sliworsky) | RCMP | | |
| Angie Louie | Ktunaxa Nation | | |
| Jean Thomas-Mitton | Private practice | | |
| Alaire Oler | Bountiful School | | |
| Diane Goossens | Impact BC- Collaborative Coach | | |

To sustain over time, LAT members need to create change that feels meaningful and achievable, not overwhelming. Creating a change process that is centered on the local needs of children, youth, and families experiencing child and youth mental health and/or substance use challenges, provides a solid place to start.

| <p>LAT Charter Objective:</p> <ul style="list-style-type: none"> • New LATs to identify one or more objectives to be completed by Sept 2015. • Established LATs to achieve two or more objectives by Sept 2015. | <p>Specific Aims for Action Period April 1 , 2014 to June 30, 2015:</p> <p>“What are we trying to accomplish”?</p> <ul style="list-style-type: none"> • Aims are steps intended to meet an overall objective but can be specific and unique to your community’s needs. • Who are you trying to help (children, youth, youth in transition/young adults, families, caregivers, practitioners, community agencies, etc.)? • What will the aim (s) look like? • Be specific and keep it realistic and achievable. | <p>Measurements:</p> <p>“How will we know that a change is an improvement”?</p> <ul style="list-style-type: none"> • Make measures meaningful not onerous! • Measure by quantifying/counting, observing, asking.... • Keep measures simple. • Did you make a positive difference? If not, adapt your aim(s) and try again. |
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| <p>Objective #1</p> <p>Increase the awareness and engagement of children, youth, families, practitioners and community members with CYMHSU services through activities such as identifying and communicating current access to services and supports for children, youth, youth in transition, and their families.</p> | <ul style="list-style-type: none"> • Publish service provider resource list • Host event to launch resources to community, including families • Create internet based/app based on database • Secure website developer, website live • Launch of resources to community partners, families, hard copy and online • Invite FORCE to community launch event • Secure parent/youth for LAT | <ul style="list-style-type: none"> • Number of physicians viewing press release, launch (Division newsletter) • Number of hits on site, number of referrals based on site • Narrative feedback from GP/SP’s on utility of site in practice |
| <p>Objective #2</p> | <ul style="list-style-type: none"> • Map and review an | <ul style="list-style-type: none"> • Survey all stakeholders who |

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| <p>Establish or link to existing initiatives to provide multi-sector wraparound care to children, youth and their families</p> | <p>Aboriginal patient journey retroactively to study lessons learned</p> <ul style="list-style-type: none"> • Streamline information sharing protocol between education , medicine and First Nations • Test new protocols and guidelines and measure effectiveness by using quality improvement measures | <p>were touch points of patient journey ,to see where improvements opportunities exist</p> <ul style="list-style-type: none"> • |
| <p>Objective #4 &5 Increase participation of schools and communities in fostering “caring adults” to provide support and protective factors for children and youth</p> <p>Work with Schools to provide mental health literacy for teachers, students and parents through initiatives such as: professional development/training programs related to CYMHSU and youth and parent peer support.</p> | <ul style="list-style-type: none"> • Investigate literacy education for suicide prevention to all stakeholders (NEED2 ?) • Investigate and build relationships with local organizations and services that can provide CYMHSU literacy education to professionals and peers on a regular basis. | <ul style="list-style-type: none"> • # of individuals trained • Hard copy of completed protocol and referral path between school and health • |
| <p>Objective #7 Promote uptake of the PHSA Indigenous Cultural Competency (ICC) Training to address cultural safety challenges in mental health and substance use for Indigenous peoples</p> | <ul style="list-style-type: none"> • LAT member to provide a presentation to LAT members and stakeholders (physicians, RCMP, schools) on the history and long term impact of Residential Schools. • Continue to encourage ICC training | <ul style="list-style-type: none"> • # of stakeholders attending workshop • # of Aboriginal youth with residential school experience within their family • Survey the attendees , and gauge interest to offer to Kimberley/Cranbrook LAT. |

The above tool was derived from a Model for Improvement. Please visit http://www.impactbc.ca/sites/default/files/documents/Resources_Model%20for%20Improvement.pdf for more detail.