# **QUESTIONS TO ASK ABOUT YOUR MEDICATIONS**

when you see your doctor, nurse, or pharmacist.

# **1. CHANGES?**

Have any medications been added, stopped or changed, and why?

# 2. CONTINUE?

What medications do I need to keep taking, and why?

### **3. PROPER USE?**

How do I take my medications, and for how long?

# 4. MONITOR?

How will I know if my medication is working, and what side effects do I watch for?

# 5. FOLLOW-UP?

Do I need any tests and when do I book my next visit?























CANADIAN ASSOCIATION DES PHARMACISTS PHARMACIENS ASSOCIATION DU CANADA

SafeMedicationUse.ca



Visit safemedicationuse.ca for more information.

**Keep your** medication record up to date.

#### **Remember to include:**

✓ drug allergies

- vitamins and minerals
- herbal/natural products
- all medications including non-prescription products

Ask your doctor. nurse or pharmacist to review all your medications to see if any can be stopped or reduced.