

SCC Meeting – August 2, 2016

Summary of Key Items

1. **Youth Transitions Wrap- Up – Dr Sandy Whitehouse, Physician Lead**

- Dr Whitehouse presented examples of the complex youth cases involved as part of the 'Youth Transitions' initiative.
- The Youth Transitions project team worked in collaboration with GPs, pediatric and adult specialists, and support staff, to establish a comprehensive and supportive patient medical home for youth as they transitioned from the wraparound care at Children's Hospital.
- Often with highly complex individual needs, the project focused on development of customized strategies, and support for family physicians taking responsibility for coordinating care for these youth.
- Strategies to ensure safe transition included initiating dialogue and preparing both the youth/family and the care team for the transition, starting several years before their 19th birthday. Technology and tools were developed to assist both patient and provider with the process. See www.ontracbc.ca for details.
- The initiative, which started in 2012 and ended in 2014, has now established the foundation to bridge gaps in transition for this patient population.

Action: *Katie Hill to facilitate a presentation from the Youth Transitions initiative to GPSC and Specialist Services, with a recommendation from Shared Care that this work be considered as the Patient Medical Home/Primary Care Home work moves forward - and that it be shared widely with community specialists.*

2. **Abbotsford Division of Family Practice Cervical Cancer Proposal, Gary Sveinson, Initiative Lead**

- In 2013, 33% of cervical cancer diagnoses were in the Fraser Health Authority region.
- Abbotsford has a high South Asian population with approx. 13,000 women, many of them older.
- Research shows that S. Asian women are not getting screened at the rate of other populations.
- The committee supported the development of physician approaches and communication strategies to increase screening for S. Asian women in Abbotsford.
- The project will work in partnership with the BC Cancer Agency and with the Surrey/N. Delta division of Family Practice.

3. **Abbotsford Transgender EOI, Gary Sveinson, Initiative Lead**

- Gaps in services have been identified for Transgender patients in the Fraser region, with many patients also currently experiencing challenges in accessing available programs in Vancouver Coastal Health.
- Shared Care supported the development of a proposal to address the need for a regional pathway to ensure access to longitudinal care, counselling and support services for TG patients. This would be in partnership with Trans Care BC, and other key physicians and organizations active in this area across the province.
- The committee recommended that the Abbotsford initiative consider an approach that would facilitate adoption in other regions, as appropriate, with responsibility for spread resting with Trans Care BC.

3. *CYMHSU Collaborative Update – Val Tregillus, Project Director*

- Val provided an update on the Collaborative, including the opportunity to co-develop a one-page information sheet on anxiety and depression for youth and parents, working in partnership with the BC School Superintendent’s Association and Ministry of Education. The one-pager will be sent to all middle/high schools to coincide with the start of the school year, using the distribution mechanisms available through the Superintendent’s office.
- Val also informed the committee that the ER protocol is now being trialled in a number of hospitals across the province. You can learn more [here](#).

4. *Vancouver Local Action Team (LAT)*

- Selma Smith (Co-Chair), Ann Louise Filbert (Project Lead), and Zahra Kamiza (Youth) provided an overview of the Local Action team’s work, highlighting the diversity of the 42 members.
- The focus of the LAT is to work together to improve communication and connection between service providers and children, youth and families with mild to moderate MH issues.
- Early efforts are concentrated on testing and identifying best approaches to coordinate care in the Fraserview neighbourhood of Vancouver. Recent activities include service mapping, neighbourhood engagement, identification of connections and linkages to existing services, and the development of a community strategy.
- Youth rep, Zahra, shared her personal struggle with anxiety, and her challenges in knowing when and where to go for help, and with navigating the health system.