

**SCC Meeting – September 2, 2016**

**Summary of Key Items**

**1. Presentation: Victoria Mental Health & Substance Use Project – Drs Hayes, Cheek & C. Tomori**

- Dr. Cheek and Dr. Haye, along with project lead Chris Tomori, provided an overview of a Victoria Shared Care project: Improving Treatment for Mental Health and Substance Use Patients within Primary Care.
- This initiative targets patients with mild to moderate symptoms, who are appropriately cared for through the Patient Medical Home.
- Victoria physicians identified a need to provide supports to family physicians in building their skills and capacity to support these patients, and to work collaboratively to increase access and patient self-management.
- In its first ten months, the Victoria group has implemented a network model to manage referrals, provide Specialist mentorship for Group Medical Visits, train family physicians in Cognitive Behavioural Therapy (CBT), and develop a partnership with the health authority to enable rapid access to information about community resources. Approximately 1200 patients have been seen through this initiative so far.
- A discussion took place regarding the learnings to date, and opportunities to build in sustainability and spread to other communities across the province. A key point was also clarified regarding the role of allied health professionals; although most have the appropriate skills to care for this population, many patients are not able to access their services, as they are only available through direct payment or private health care plans.
- Funds for a second phase are being sought to support spread and further development of the model. SCC confirmed that action will be needed on the committee's part to facilitate alignment with provincial goals and incorporate a robust strategy for spread and sustainability.

**2. Campbell River General Surgery Funding Proposal – Nancy Falconer, Initiatives Lead**

- A funding proposal was approved to support GPs and General Surgeons to improve timely access to urgent general surgery, and to improve post-surgical outcomes through shared application of the ERAS pathway for surgical optimization.
- Funding was approved pending confirmation of support from Island Health, who would be a key partner in sustaining this solution.

**3. Surgical Services Strategy Overview – Marilyn Copes and Dr. Robert Halpenny**

- Marilyn Copes (Co-Chair of the Provincial Surgical Executive Committee) and Dr. Robert Halpenny (Medical Advisor) provided an overview of the Provincial Surgical Strategy. The goals of the strategy are:
  - Improving timely access to appropriate surgical procedures;
  - providing patient-centered accurate information solutions for enhanced surgical flow;
  - ensuring BC has enough surgical health care providers to meet its needs;
  - ensuring that surgical waitlists are managed optimally and proactively;
  - improving the patient experience of care, providing patient choice, reducing unwarranted variation;
  - monitoring performance; and

- reducing per capita cost for surgical services.
- The Surgical Strategy envisions an ambitious implementation plan at the provincial, health authority, and early adopter (11) surgery site levels across the province.

#### 4. **Shared Care Committee Strategic Priorities Discussion**

- Dr. Shelley Ross provided an overview of the Patient Medical Home/Primary Care Home (PMH/PCH) priority. GPSC, Health Authorities and the Ministry of Health have been deeply engaged in outlining the key elements of this transformational model, and are well along in clarifying the leadership roles to be taken by each of the partners as the work moves forward.
- The PMH/PCH work will be a primary focus for the health system going forward – including GPSC’s strategic leadership in supporting physician practices to adopt the core attributes of this team based model, supporting the development of GP networks to meet patient needs, and integration of PMH’s with health authority specialized services in the community.
- SCC agreed that some refreshing of their Strategic Directions is appropriate to maximize the committee’s capacity to inform and support an integrated approach to both of these provincial strategies. Further refinements will be incorporated into the development of SCC’s planning for the 17/18 fiscal year.

#### 5. **CYMHSU Collaborative Update – Val Tregillus, Project Director**

- Val Tregillus stated that a decision has yet to be made regarding the CYMHSU Collaborative proposal to the Cabinet committee.
- The revised version of the *Local Agreement on Coordinated Pathways for Mental and Emotional Wellness, Care and Supports for Children, Youth and Families*, and a template for pathway development was reviewed and discussed.
- Information posters on anxiety and depression have been received by all BC public and independent middle and high schools. You can view the posters [here](#)

#### 6. **SCC felt that a brief overview of projects approved for the current fiscal year would be a valuable addition to committee meeting summaries. An overview is attached as [Appendix 1](#).**

## APPENDIX 1

New Funding Approved at Shared Care Committee Meeting for Fiscal Year 2016/17

Fund Holder	Project(s)	Approval Date
Thompson Region Division	Frail Elderly Project	April
Prince George Division	Mental Health Frail and Elderly – EOI	April
Nanaimo Division	Empowering Family Physicians to Manage Substance Use Patients within the Primary Care Setting	April
South Island Division	First Nations Transitions in Care	April
Ridge Meadows Division	Improved Access to Addictions Support in the Primary Care Setting – EOI	May
Across all Health Authorities	Spread and Sustainability: Studies in Practice and Models for the Future	May
White Rock South Surrey Division	Hospitalist – GP Communication from Admission to Discharge	May
Vancouver/Comox/Abbotsford Divisions	Maternity Care Network in BC - EOI	June
Victoria Division	Mental Health Substance Use Phase 2 – EOI	June
Providence Health Care	BASE – Non-urgent Electronic Advice from Specialty to Primary Care - EOI	June
Central Okanagan Division	Orthopaedic - Physiatry Project	June
Central Okanagan Division	Alignment of Kootenay Boundary's RACE line and Telemedicine Secure Messaging Project	June
Central Okanagan Division	Local Shared Care Steering Committee	June
Central Okanagan Division	Environmental Scan of Region's Shared Care Opportunities	June
Central Okanagan Division	Review Transition of Residential Care Patients	June
Abbotsford Division	Abbotsford Cervical Cancer	August
Abbotsford Division	Abbotsford Transgender - EOI	August
Prince George Division	Northern Region Psychiatry Initiative - EOI Extension	August
Interior Region	Interior - RACE EOI	August
Kootenay Boundary Division	Kootenay Boundary Telehealth: Technology in Practice Project	August
Providence Health Care/ Vancouver Coastal Health	Providence - BASE - Electronic Advice from Specialists to Primary Care	August
Victoria Division	Victoria MHSU Phase 2	September