

## Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative

### Local Action Team Aims and Measures for April 1<sup>st</sup>, 2015 to March 31<sup>st</sup>, 2016

Each Local Action Team will develop a one page document linked to the BC CYMHSU Collaborative Charter which will identify its aims and measures for the upcoming Action Period.

<b>Local Action Team</b>	White Rock-South Surrey Local Action Team		
<b>Local Action Team Co-Chairs</b>	Dr Rummy Dosanjh – Physician Lead Terry Cardle – Mental Health Lead (MCFD)		
<b>Project Lead</b>	Kay Abelson, WRSS Division of Family Practice		
<b>Members – Names &amp; Affiliations:</b>			
<i>Name</i>	<i>Affiliation</i>	<i>Name</i>	<i>Affiliation</i>
Dr Doug Maskall	Child Psychiatrist	Karen Abrahamson	SSWW CYC
Dr Hayden	Psychiatrist	Paula Sandhu	Child & Youth Crises Program, Fraser Health
Dr Julie Milligan	Paediatrician	Coralee Curby	Psychologist, SD 36
Dr Tahmeena Ali	Family Physician	Jim Mc Connell	Principle, SD 36
Dr Val Raffle	Family Physician	Kirsten Farquhar	Vice Principle, SD 36
Dr Wendy Chin	Family Physician	Erin Kendall	Psychologist SD 36
Dr Michelle Murti	Medical Health Officer, FH	Juanita Jackson	Dept Principal SD 36
Nancy Mathias	Executive Director, WRSS Division of Family Practice	Diane Johnson	Psychologist, SD 36
Tina Mitchell	Parent Representative	Mark Flynn	District Counsellor SD36
Maura Majano	Parent Representative	Carrie Mollogon	Aboriginal Youth Care Worker, SD 36
Ashley Macdonald	Youth Representative	Casey Chalk	District Resource Counsellor SD36
Lauren Keen	Youth Representative	Catherine Sereda	Director of Instruction Education Services SD36
Lesley Renshaw	CYMH MCFD	Mini Gill	School Counsellor, SD 36
Howard Schein	Sources	Dale Alparaque	School Counsellor, SD 36
George Passmore	Sources	Fran Fagan	Principal SD 36
Maxine Larmour	Alexandra Neighbourhood House	Denise Paterson	MHSU Fraser Health
Penny Bradley	Alexandra Neighbourhood House	Jovana Turkovic	Community Health Specialist, Fraser Health
Victoria Keddis	The FORCE		
Rob Axen	PCRS – ASTRA/DEWY		
David Lindskoog	SPEAC		
Brooke Cheney	RCMP		
Ghalib Bhayani	RCMP		
Corina Carroll	Diversity		

<p style="text-align: center;"><b>LAT Charter Objective</b></p>	<p style="text-align: center;"><b>Specific Aims</b>  <b>For action period June, 2015 –</b>  <b>March 31st<sup>st</sup> 2016</b>  <b>“What are we trying to</b>  <b>accomplish?”</b></p>	<p style="text-align: center;"><b>Measurements:</b>  <b>“How will we know that a</b>  <b>change is an improvement?”</b></p>
<ul style="list-style-type: none"> <li>• New LATs to identify one or more objectives to be completed by March 2016.</li> <li>• Established LATs to achieve two or more objectives by March 2016.</li> </ul>	<ul style="list-style-type: none"> <li>• Aims are steps intended to meet an overall objective but can be specific and unique to your community’s needs.</li> <li>• Who are you trying to help (children, youth, youth in transition/young adults, families, caregivers, practitioners, community agencies, etc.)?</li> <li>• What will the aim (s) look like?</li> <li>• Be specific and keep it realistic and achievable.</li> </ul>	<ul style="list-style-type: none"> <li>• Make measures meaningful not onerous!</li> <li>• Measure by quantifying/counting, observing, asking....</li> <li>• Keep measures simple.</li> <li>• Did you make a positive difference? If not, adapt your aim(s) and try again.</li> </ul>
<p><b>OBJECTIVE # 5:</b></p> <p>Partner with schools to provide mental health and substance use literacy for teachers, students, school personnel and families through initiatives targeted to address specific and community needs</p> <p><b>Rationale:</b>  To increase access to resources and build mental health skills and capacity.</p>	<p><b>AIMS:</b></p> <p>1a) Explore new and existing school programs which engage youth, de-stigmatise mental health, and provide mental health tools and resources;</p> <p>1b) Pilot selected program(s) and evaluate their effectiveness in building youth mental health skills and capacity</p> <p><b>Working group lead for School Program:</b>  Terry Cardle - MCFD</p> <p><b>Physician representation:</b>  Dr Doug Maskall (psychiatrist)  Dr Rummy Dosanjh (FP)</p> <p>2a) Explore options to create awareness and engagement between youth, parents, school counsellors, teachers and school personnel, GPs and specialists</p>	<p><b>MEASUREMENT:</b></p> <p>Number of school activities for youth mental health</p> <p>Number of youth participating in mental health activities in schools</p> <p>Number of youth involved in peer support activities</p> <p>Number of participating youth who report increase in mental health skills and capacity using standardised tools</p> <p>Number of parents, youth, school personnel and service providers engaged in a speaker series</p> <p>Percentage increase in number</p>

<p><b>OBJECTIVE # 2</b> Establish multi-sector, sustainable wrap around care that is effective for children, youth and their families. These practices can include any areas of care that align with community priorities, for example: i.e. crisis intervention, suicide and self-harm prevention, early intervention care for mild to moderate.</p>	<p>through a speaker series</p> <p>2b) Create awareness of community resources</p> <p><b>Working Group Co-Leads for Speaker Series:</b> David Lindskoog – SPEAC Ashley Macdonald – Youth Representative</p> <p><b>Physician representation:</b> Dr Wendy Chin (FP) and Dr Rummy Dosanjh (FP)</p> <p>3) Explore, pilot and evaluate options to improve communication and provision of care between schools, GPs, specialists and service providers (e.g. through the creation of a “Roaming Hub”)</p> <p><b>Working Group Lead for Improved Communication:</b> Dr Tahmeena Ali</p> <p><b>Physician representation:</b> Dr Julie Milligan (Paediatrician)</p>	<p>of interactions between school counsellors, GPs, specialists and community service providers improve quality of cross communication and collaboration of care</p> <p>Number of providers who report improved communication with other providers.</p>
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