

OUR MISSION: To equip doctors with the tools, skills, and relationships to advance child and youth mental health care, and substance use prevention and care across BC.

APRIL 2023–MARCH 2025 FOCUS:
Support local physician leadership and collaboration to spread evidence-based improvements.

ACTIVITIES

OUTCOMES

ACHIEVING TRIPLE AIM

OBJECTIVE 1

Enable FPs and specialists to address gaps in early intervention of youth mental health concerns and substance use prevention

- + Support Foundry to provide subject matter expertise on best practices for physicians
- + Spread evidence-based prevention programs to address youth vulnerable to mental illness and addictions by supporting physicians to collaborate with health authorities and community partners.

- + Physicians are supported to address the gaps and issues in provision of care and implement models of care
- + Improved physician knowledge on how to address gaps in provision of care
- + Improved physician knowledge on how to implement models of care
- + Spread and implementation of CYMHSU evidence-based solutions

- + Improving the Patient and Provider Experience of Care
- + Reducing the per capita cost of health care

OBJECTIVE 2

Coordinate a cooperative approach to addressing child and youth mental health gaps in team-based care initiatives

- + Champion the inclusion of CYMHSU services in Primary Care Networks (PCN)
- + Spread trauma-sensitive practices related to the benefit of attachment
- + Incorporate CYMHSU expertise into care plans for those transitioning from pediatric to adult care
- + Provide support for physicians/allied health professionals with expertise in CYMHSU to participate in PCN planning

- + Improved physician knowledge of how to address gaps in provision of care
- + Increased number of PCN team members aware of adverse childhood experiences (ACEs) and trauma-sensitive care
- + Improve patient satisfaction with provider support to transition from pediatric to adult care

- + Reducing the per capita cost of health care
- + Improving the Patient and Provider Experience of Care

OBJECTIVE 3

Improve FP and specialist clinical skills and ability to navigate child and youth mental health and substance use care

- + Work with UBC CPD, PathwaysBC and other partners to provide subject matter expertise for child and youth substance use, anxiety, and depression
- + Work with UBC medical program leaders to embed ACEs awareness, trauma-informed practices and substance use care in medical school curriculum and postgrad training
- + Collaborate on learning modules developed with Child Health BC on social-emotional learning

- + Improved provider clinical skills related to CYMHSU topics
- + Improved provider confidence to deliver care related to CYMHSU topics
- + Increased number of practicing physicians and allied health professionals attending CYMHSU webinars
- + Improved understanding of how webinar content has improved participants' practices

- + Improving the Patient and Provider Experience of Care
- + Reducing the per capita cost of health care

OBJECTIVE 4

Work in partnership to contribute physician voices to system-level change to address child and youth mental health and substance use

- + Contribute member experiences and expertise to existing provincial complex care advisory tables
- + Contribute guidance and participation in development and alignment, when appropriate, of other CoPs within SCC

- + Enhanced physician leadership
- + Increased physician participation at existing cross-ministry tables
- + Increased physician participation with external agencies working in the areas of Child and Youth Mental Health and Substance Use
- + Meaningful physician and partner participation in other CoP tables

- + Improving the Health of Populations