

## Coordinating Complex Care for Older Adults Webinar Frailty Management in Primary Care, the CARES Model

Tuesday, February 16 | 18:00 – 19:00 (PST)

Speakers: Dr Grace Park, Family Physician & Dr Belinda Rodis, Geriatrician Click HERE to register!

## BY THE END OF THIS WEBINAR, PARTICIPANTS WILL BE ABLE TO:

- Evaluate the importance of assessing Frailty in Primary Care from both the Family Physician and Geriatrician perspective
- Recognize the effects of the social prescribing aspect of the CARES Model, and how it can affect a patient's function
- Examine how the CARES Model was designed to improve the care for patients who are at risk of Frailty
- Determine ways to implement the Electronic Frailty Assessment and Social Prescribing in your community

## AGENDA

TIME	SPEAKER	ТОРІС
18:00 – 18:05   Welcome & Introduction		
18:00 - 18:05	Katie Purych	Welcome & Territorial Acknowledgement Overview of Coordinating Complex Care Initiative Overview of Webinar Introduction to Dr Belinda Rodis & Dr Grace Park
18:05 – 18:45   Introduction to the CARES Model		
18:05 – 18:30	Dr Belinda Rodis	Geriatrician perspective on frailty and the benefits of frailty management in Primary Care
18:30 - 18:50	Dr Grace Park	Primary Care perspective on frailty, and an introduction to the CARES Model
18:50 – 19:00   Q&A		
18:50 - 19:00	Dr Grace Park Dr Belinda Rodis	An open discussion around the importance of frailty management, how it can be done, and how communities can access the CARES Model. Participants are encouraged to contribute to the discussion by submitting questions and comments in the Q&A.
19:00   Closing		

SpeakersDr Grace H. Park is a Family Physician and the Regional Medical Director for Home and Community Care in the<br/>Fraser Health Authority in British Columbia, Canada. She is also an EXTRA fellow with the Canadian Foundation<br/>of Health Improvement. Her research interest is frailty prevention and management in primary care. Promoting<br/>healthy aging and 'Upstream' senior care led to her current work on the CARES project integrating primary care<br/>providers and community services through Social Prescribing.Dr Belinda RodisDr Belinda Rodis is a geriatrician practising in the Fraser North region. She completed her internal medicine and<br/>geriatric medicine training at UBC. She has a special interest in frailty, perioperative care, and geriatric<br/>nephrology.