

Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative

Local Action Team Aims and Measures for April 1, 2015 to March 31, 2016

Each Local Action Team will develop a one page document linked to the BC CYMHSU Collaborative Charter which will identify its aims and measures for the upcoming Action Period.

Local Action Team:	Cariboo Action Team	
Co-Chairs:	Dr. Glenn Fedor, Troy Forcier	
Community Development Worker:		
Members – Names & Affiliations:		
<i>Name</i>	<i>Position</i>	<i>Organization</i>
Dr. Glenn Fedor	Physician Lead CIRD, Family Medicine	Interior Health
Dr. Jeff Peimer	CMH ER Physician	Interior Health
Troy Forcier	Clinician	MCFD
Deb Trampleasure	Aboriginal Clinician	Denisiqi
Lori Sellars	Aboriginal Administrator	Three Corners Health
Nancy Gale	Administrator	Child Development Center
Matt Neufeld	Executive Director	Boys and Girls Club
Becky Hasslan	Parent Member	Cariboo Action Team
Larry Johannsen	School Counsellor	SD #27
Dr. Monica McKay	Pediatrician	Interior Health
Kirsten Dressler	Clinician	Interior Health Mental Health
Tanya Mores	Aboriginal Navigator	TNG
Anne Burrill	Social Development Planner	City of Williams Lake
Carla Bullinger	Partners for Literacy	Communities that Care
Diane McHardy	Community Manager	MCFD
Ruth Verkerk	Parent Member	Cariboo Action Team
Neil Burrows	ACYMH SU Team Leader	Denisiqi
Anna Meyers	Project Manager	Cariboo Action Team

To sustain over time, LAT members need to create change that feels meaningful and achievable, not overwhelming. Creating a change process that is centered on the local needs of children, youth, and families experiencing child and youth mental health and/or substance use challenges, provides a solid place to start.

LAT Charter Objective	Specific Aims “What are we trying to accomplish?”	Changes you want to try “What changes can we try that will lead to improvement?”	Measurements: “How will we know that a change is an improvement?”
<ul style="list-style-type: none"> • New LATs to identify one or more objectives to be completed by March 2016. • Established LATs to achieve two or more objectives by March 2016. 	<ul style="list-style-type: none"> • Aims are specific and unique to your community’s needs. • Who are you trying to help (children, youth, youth in transition/young adults, families, caregivers, practitioners, community agencies, etc.)? • Keep it realistic and achievable. 	<ul style="list-style-type: none"> • What are the ideas you want to try to meet this aim? 	<ul style="list-style-type: none"> • Make measures meaningful not onerous! • Measure by quantifying/counting, observing, asking.... • Keep measures simple.
<p>1. Increase the awareness and engagement of children, youth, families, practitioners and community members with CYMHSU services through activities such as identifying and communicating current access to services and supports for children, youth, youth in transition, and their families.</p>	<p>Host second “Who’s Who in the Cariboo” in Winter 2015 targeted for x</p> <p>Implement the Communication Plan with support from Divisions of Family Practice Communications Officer.</p>	<p>APP development in progress for quick access to community resources.</p>	<p>Numbers of people who attend event</p> <p>Measure of activity of website hits</p> <p>Collect data from Integrated clinical coordinators for the IPCC project for CIRD division</p> <p>Measure contact with Division physician members.</p>
<p>2. Establish or link to existing initiatives to provide multi-sector wraparound care to children, youth and their families.</p>	<p>Develop comprehensive wrap around team approach in the community using resources from CDC, MCFD and local physician expertise along local aboriginal teams</p>	<p>Youth Survey in progress. ER protocols in progress.</p>	<p>Link with Aboriginal navigators to collect Data.</p> <p>Collect data from MCFD CDC team.</p>

4. Increase participation of schools and communities in fostering “caring adults” to provide support and protective factors for children and youth.	Continue “Communities that Care” initiative that have been well underway in community for last 8 year Promote and support activities for youth and families	Hold events in the high schools for the youth for resources available.	Measure involvement of schools and parents.
5. Work with schools to provide mental health literacy for teachers, students and parents through initiatives such as: professional development/training programs related to CYMHSU and youth and parent peer support.	Recognize and support local expertise to provide community training as well consider outside resources to provide additional support to local trainers Provide collaborative framework where people engage in mutually beneficial activities	Have more school counsellors on LAT. Provide further education to the Youth regarding resources available. Start parent working support group.	Measures the number of events and persons attending.
7. Promote uptake of the PHSA Indigenous Cultural Competency (ICC) Training to address cultural safety challenges in mental health and substance use for Indigenous peoples.	Have all Physicians and mental health workers take the training Funding provided by Health Authority	Have been in contact with someone in hopes to try to receive numbers of physicians that have completed the course. Also have creating more awareness on the Divisions website.	Record number of doctors completing the course.

The above tool was derived from a Model for Improvement. Please visit

http://www.impactbc.ca/sites/default/files/documents/Resources_Model%20for%20Improvement.pdf for more detail.