

Child and Youth Mental Health and Substance Use Community of Practice

VISION STATEMENT

Children and youth receive timely, integrated, and seamless access to mental health and substance use care across BC

MISSION STATEMENT

Equip health care professionals with relationships, knowledge, skills, and tools to advance child and youth mental health and substance use care across BC

GUIDING PRINCIPLES

- Cultural safety and humility and Indigenous specific anti-racism
- Youth- and caregiver-centered care
- Cross-sector collaboration and integrated care
- Evidence-informed and data-driven improvement
- Equitable access to CYMHSU services across the province
- Working in alignment with the Quintuple Aim

PRIORITIES	OBJECTIVES	OUTCOMES
1 Inform Health System Improvements Amplify health care professional voices to inform system improvements in CYMHSU care across BC	+ Champion a system of care that includes access to timely, effective, and culturally safe care, with an emphasis on early intervention, prevention, and integration of physical and mental health + Contribute member insights at CYMHSU-focused provincial tables to support health system planning as trusted experts + Collaborate with partners to strengthen provincial, regional, and local CYMHSU care planning and implementation + Maintain diverse membership representation to identify emerging priorities and opportunities for system alignment + Provide guidance and expertise to SCC, JCC, and Doctors of BC teams to strengthen CYMHSU planning and initiatives	+ Increased health care professional leadership in system planning + Strengthened collaboration and decision-making between health care professionals and provincial partners + Increased health care professional participation in provincial CYMHSU quality improvement opportunities + Increased identification and elevation of CYMHSU system challenges and opportunities
2 Address Gaps In CYMHSU Care Enable health care professionals to address gaps in CYMHSU care across the continuum of services for children and youth ages 0 to 25 in BC	+ Advance member-identified priorities around access, early intervention, prevention and integration of CYMHSU care through collaboration with key system partners + Identify gaps experienced by health care professionals responding to the toxic drug crisis impacting youth and collaborate with provincial partners + Support the spread of evidence-based early prevention and intervention programs, and work with key partners to include in upstream population health initiatives + Champion and support the inclusion of Adverse Childhood Experiences (ACEs), culturally safe and trauma-informed care into practice for CYMHSU care professionals and key community partners who interact with vulnerable youth	+ Strengthened provincial collaboration to advance CYMHSU priorities across the continuum + Increased physician confidence in early identification and intervention of CYMHSU + Increased awareness and application of upstream CYMHSU prevention and early prevention strategies + Increased health care professional involvement in provincial projects, collaborative planning, and system improvement initiatives + Increased confidence to apply evidence-based and trauma-informed CYMHSU models to practice
3 Advance CYMHSU Team-Based Care Promote team-based care to increase access to seamless and integrated CYMHSU care	+ Identify and promote successful CYMHSU team-based care models and approaches, especially for children 0-12 and youth transitioning from paediatric to adult services + Champion the inclusion of CYMHSU services in Primary Care Networks (PCNs) and support CYMHSU care professionals to participate in PCN team-based care planning + Promote collaboration among youth-serving agencies to support integrated community-based CYMHSU care + Lead the spread of school-based health hubs to improve access to CYMHSU care	+ Increased health care professional awareness of interprofessional and team-based care models in CYMHSU care + Strengthened collaboration and team functioning among CYMHSU health care professionals and partners + Increased integration of CYMHSU approaches within PCNs to support continuity across transitions and coordinated care + Improved access to team-based care supports for children and youth in school settings
4 Support CYMHSU Care Professionals Strengthen health care professionals' relationships, clinical skills, knowledge, and ability to navigate available services	+ Host gatherings to foster provincial engagement, exchange ideas and knowledge, identify priorities, and spread innovative solutions + Deliver evidence-based learning opportunities in partnership with UBC CPD, Pathways BC, and other partners to share best practices and improve awareness of existing supports and tools + Work with Pathways BC and other partners to improve gaps in existing CYMHSU clinical pathways and guidelines, and promote enhanced training opportunities + Work with medical program leaders to improve MHSU evidence-based care in medical school curriculum and training, especially in ACEs awareness, and delivering culturally safe and trauma-informed care	+ Increased opportunities for interprofessional learning, engagement, and connection + Increased health care professional confidence to navigate resources, and support coordinated CYMHSU care + Strengthened collaboration between health care professionals and partners to improve gaps in existing practice support resources + Improved integration of evidence-based and trauma-informed CYMHSU practices in physician training opportunities

