Introducing the
Health Hub

Every Thursday, the Health Hub is open in the Wellness Room (2nd floor) from **9AM—5PM** to facilitate your access to primary health care services

Primary Health Care Services:

- Physiotherapy / Occupational Therapy
- Geriatric Physician
- Pharmacist
- Social worker
- Home Health
- Dietitian
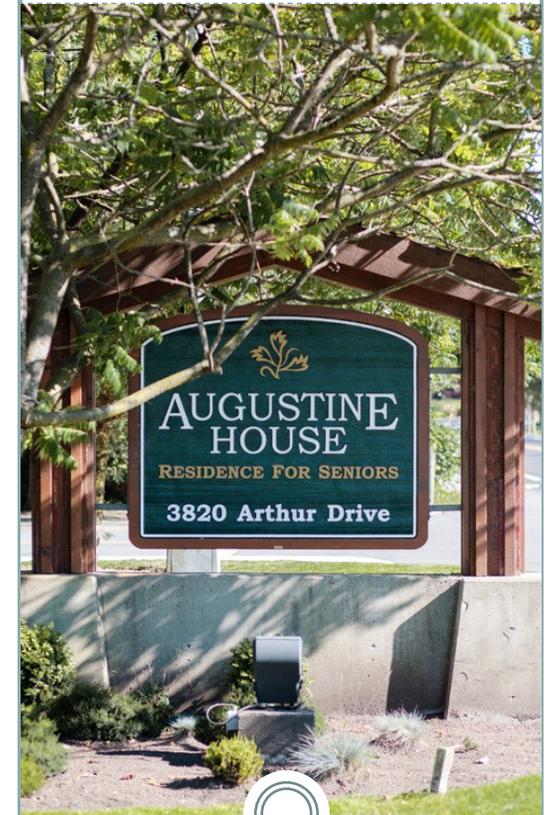- Education Sessions
- ...**And more to come!**

Augustine House Health Hub

3820 Arthur Drive
Ladner, BC

Program Support:
Wellness Room (2nd Floor)
Thursdays from 9AM-5PM
(778) 378-7762

Delta
Division of Family Practice
A GPSC initiative

SharedCare
Partners for Patients

fraserhealth

Welcome to the Augustine House
HEALTH HUB

Your Neighbourhood Primary Health Team
helping you to develop and implement your care plans

Our Goals:

This new pilot project in Augustine House aims to achieve 4 key goals:

- Reduce any unnecessary emergency room visits

- Early detection of potential health risks

- Maintain independence by fostering healthy aging

- Improved access to primary health services

What do I do to be a part of the Health Hub?

1. Go to the Wellness room (2nd floor) on Thursdays between 9AM and 5PM

2. Complete the self-health assessments (found in the wall racks outside the wellness room)

3. Maintain your own personal health folder

4. Our program support will connect you with the services that you need to take charge of your health

How does the Health Hub work?

From your self– health assessments, the Hub will identify any real or potential health risks and get your permission to contact your physician with the results of the assessments.

The Hub will keep you informed of any recommendations from your physician and follow up with you on any appointments.

The Hub will also be hosting regular education sessions to help you maintain independence and take charge of your own health.