

Polypharmacy Risk Reduction

Acute Care Setting

MEDICATION REVIEW - Online Resources

1. The "NOTEARS" Tool from England may help cover most topics in a Medication review. Easily found online. Lewis. T. 10- Minute Consultation Using the NO TEARS tool for medication review. BMJ 2004; 329:434
2. Shared Care BC -Polypharmacy Risk Reduction. Good videos about End of life discussions, some You Decide sheets for a few medications used in Frail Elderly <http://www.sharedcarebc.ca/initiatives/polypharmacy>
3. medstopper.com- web based tool for medication tapering suggestions
4. "thennt.com"- site for NNT values/evidence in many conditions/treatments.
5. Stages of medication review – ReMAX project from the UK – http://www.pcne.org/upload/files/141_Tomasz_Oral_2016.pdf
6. Fraser Health Guide to Person-Centred Medication Decisions-an overview of the process-in depth with patients. <https://www.slideshare.net/bcpsqc/polypharmacy-jan-16-17-no-notes-30318249>
7. www.choosingwiselycanada.org – tool kits available for medication reduction
8. Canadian Deprescribing Network - www.deprescribingnetwork.ca/algorithms
9. STOPP/START Criteria - https://www.researchgate.net/publication/267046021_STOPPSTART_criteria_for_potentially_inappropriate_prescribing_in_older_people_Version_2
10. BEERS Criteria - <http://bcbpsd.ca/docs/part-1/PrintableBeersPocketCard.pdf>