

PARTNERING WITH SHARED CARE

Each month the Shared Care Committee (SCC) reviews Expressions of Interest (EOIs) and Proposals submitted from communities/Divisions of Family Practice interested in engaging in Shared Care work. The following are details of approved 'new and ongoing' partnerships from the meeting.

NEW OR ONGOING PARTNERSHIPS

EOIs

- [Adult Mental Health & Substance Use \(AMHSU\) Network](#) – Central Island Division
- Women's Health – Fraser Northwest

Approved Proposals

- COVID Response Request: Langley Division
- Heal ED Together: Processes for the East Kootenay Pediatric Eating Disorder Clinic – East Kootenay Division

COMMITTEE UPDATES

- Ken Hughes expressed thanks to Dr Shelley Ross and Carolyn Brandly, who are moving on from Shared Care.
- Dr Ross introduced and welcomed Dr Anthon Meyer to the SCC as the new GPSC representative.

PRESENTATIONS

CBT Skills Update – Valerie Nicol

- The Cognitive Behavioural Therapy (CBT) Skills Group **facilitates training of family physicians by psychiatrists to deliver Group Medical Visits** to patients with mild to moderate anxiety and depression.
- Due to COVID-19, all group sessions **pivoted to an online format** via Zoom.
- Additional CBT sessions were added **specifically for health care providers in response to COVID-19** related demand.
- Over **30 upcoming sessions are booked for groups of 15 patients across Vancouver Island, Salt Spring Island and Vancouver.**

- Post-COVID, the plan is to offer **both online and in-person** sessions.
- The online format has been revised to provide **less theoretical content and more skills content** and practice.
- Feedback on the online sessions was largely positive, suggesting that patients **prefer having access to some CBT online as opposed to no CBT at all.**
- There were **difficulties expressed around connecting with the other participants**, although it was noted that the same feedback was given for pre-COVID in-person sessions.
- The hope is that the final survey will indicate the number of participants **willing to continue virtually** or return to in-person sessions when available.
- Discussion was held around the notion of a **hybrid model** emerging after COVID, and the sustainability of virtual care.
- It was noted that there will **need to be a code in place** for this work to continue beyond COVID.

Integration Council: Virtual Care – Margaret English

- In support of improving integration across the JCCs, Shared Care's 2020/21 Workplan included a goal to **support the development of a JCC Integration Council** to focus on key priorities across the Committees.
- Funding has been allocated **over three years** to support this work.
- With the advent of COVID, the Integration Council have **identified Virtual Care as the first priority** with the objective of Virtually Enabling Care To Optimize Results, or VECTOR.
- The Integration Council will be **based on a collective impact framework**, with a group of key stakeholders leading and guiding the work, and making recommendations to the JCC Co-Chairs.
- The next step is to bring together the JCC Co-Chairs, the Ministry of Health, Dr. Halpenney from MSC and other key stakeholders.

FOCUS OF SHARED CARE COMMITTEE

Developing innovative approaches to improving collaboration between GPs, GPs with focused Practice, and specialist physicians, and spreading success through Spread Networks and other strategies.