

PARTNERING WITH SHARED CARE

Each month the Shared Care Committee (SCC) reviews Expressions of Interest (EOIs) and Proposals submitted from communities/Divisions of Family Practice and Specialists interested in engaging in Shared Care work. The following are details of approved 'new and ongoing' partnerships from the meeting.

NEW OR ONGOING PARTNERSHIPS

Approved Expressions of Interest (EOIs)

Heart Failure – Surrey North Delta
Pediatric Pooled Referrals – Nanaimo
Chronic Pain – Chilliwack
Hornby Denman Older Adults – Comox Valley

Approved Proposals

Respirology Patient Journey – Fraser Northwest
Chronic Pain – Revelstoke
Strengthening Admission and Discharge – Surrey North Delta

COMMITTEE UPDATES

- Amanda Monteiro, Initiative Liaison for Vancouver Coastal, is replacing Ray Grewal who is on maternity leave until February 2022.
- Rosa Medina will be supporting the Quality Impact team as the Senior Administrative Assistant.
- Laura Becotte, previously Manager of Provincial Initiatives, has transitioned to the JCC Alignment team as a Learning Manager.

PRESENTATIONS

Physician Health Program (PHP) and JCC Collaboration

- The Physician Health Program (PHP) is requesting a partnership between SCC and PHP to create and support a physician-specific CBT Skills Group and a provincial peer-support network.

- The CBT Skills Group aims to train physicians to offer CBT skills within their practice, leveraging the provincial implementation of the CBT Skills Training initiative approved by SCC in January. The second separate initiative is to create a provincial peer-mentor network to address physician wellness issues..
- The proposal recommended that all the JCCs, together with PHP, form a coalition informing the development of these programs.
- The committee agreed on the value of this program, noting that improved wellness allows physicians to be better care providers to patients and families.
- **Action:** To be brought forward to JCC Co-Chairs meeting in April.

SCC and Single Entry Model (SEM) Projects

- The committee discussed the opportunity to integrate SCC and SSC work in the area of Single Entry Models (SEM).
- Goals include improving referral processes, fostering relationships between family physicians and specialists, and expediting patient access to specialist consultations.
- The Quality Impact team's Enhancing Access staff would provide project support to specialists submitting proposals for SEMs, and would report to SCC on deliverables and project status that pertain to engagement of family physicians.
- The SCC were supportive of the proposal, with some recommendations;
 - FPs need to be involved in all design aspects of the referral process. This could be a requirement for specialist groups seeking funding.
 - Any referral needs to be acknowledged by the specialist group; this would support and foster support of SEM.
 - Any SEM needs to ensure the patient ultimately has the choice of which specialist to see.

FOCUS OF SHARED CARE COMMITTEE

Developing innovative approaches to improving collaboration between GPs, GPs with focused Practice, and specialist physicians, and spreading success through Spread Networks and other strategies.

Actions: An operational plan to be developed incorporating the above recommendations, with an update to be provided at the April SCC meeting.

Enhancing Access staff to work with referring health care providers to ensure they are involved in the consultation process from the beginning. Project deliverables are to be updated to reflect this.

PRESENTATION: Mind Health BC

- The VCH Mind Health BC project is close to the end of its current SCC funding.
- The project aimed to increase capacity and access to evidence-based assessment and interventions for mental health and substance use (MHSU) across the province.
- A [MindHealthBC website](#) was created with the following main objectives:
 - To provide information about mental health resources and services available in BC, including integrating already developed self-help modules
 - To integrate MindHealthBC with Primary Care Networks to reach a wider audience
 - To develop a business case for modernizing the delivery of digital therapy.
- Mind Health BC has seen an increase in user engagement year after year with a total of 58,000+ **website** users (7,000 **returning visitors**), 2,100+ followers on **Instagram**, 1,160+ on **Twitter**, and 600+ on **Facebook**. An increase was also charted across the platforms as the pandemic emerged.
- The committee highlighted the importance of connecting website users with a clinician, to ensure people receive timely care. Also to include an evaluation component to determine whether patients require further care. This is important for sustainability purposes.
- The project team were supported to return with an additional funding request to support engagement of a Communications Coordinator, Regional MHSU Lead, Regional Physician Lead & other experts.

FOCUS OF SHARED CARE COMMITTEE

Developing innovative approaches to improving collaboration between GPs, GPs with focused Practice, and specialist physicians, and spreading success through Spread Networks and other strategies.