

## PARTNERING WITH SHARED CARE

Each month the Shared Care Committee reviews Expressions of Interest (EOIs) and Proposals submitted from communities interested in engaging in Shared Care work. The following are details of approved 'New Partnerships' from the meeting.

### NEW PARTNERSHIPS

#### Expressions of Interest (EOI)

Approved 'EOIs' provide limited funds (under 15K) for initial exploration of a project of interest to a community.

- Maternity Spread Network – North Vancouver Island
- Coordinating Complex Care for Older Adults – Providence Health Care

#### Proposals

Full project proposals are submitted after successful completion of an EOI.

- Coordinating Complex Care for Older Adults – Thompson Region
- Strengthening Cancer Care in Abbotsford & Fraser East – Abbotsford

## PRESENTATIONS

### POLYPHARMACY RISK REDUCTION (PPhRR) INITIATIVE – Dr Chris Rauscher, Dr Keith White, Robyn Kuropatwa & Dennis Wellborn

- The Polypharmacy Risk Reduction Initiative has been **working to reduce risks of polypharmacy in the elderly** by providing physicians with practical approaches and tools in residential care, acute and community.
- **700+ key physicians have been involved**, as well as pharmacists, nurses and others.
- A **complex data analysis** of the initiative was presented with data indicating the scope of Polypharmacy in the province.
  - **Benefits of completing this evaluation** also include:

- **Established process** between Doctors of BC and the Ministry of Health for data access and use;
- Provided data that can support multiple initiatives;
- Provided **baseline analyses**, visualization and interpretation;
- The Shared Care Committee agreed that the PPhRR Initiative should present their results of their exemplary work to both Ministry of Health and Doctors of BC senior leadership.

### CBT SKILLS SPREAD

#### Dr Wanda Crouse, Christine Tomori – Victoria

- An update on the Group Cognitive Behavioural Therapy (CBT) Skills Group Medical Visits project was provided. Benefits include:
  - **Preventative care before crisis** for an underserved population who haven't been considered "sick enough".
  - **Timely access to care** with 25-30 daytime and evening groups to choose from.
  - Small number of facilitators **can meet patient demand** (over 3200 patients participated with a 63% completion rate).
  - High patient, referring physician, and facilitator satisfaction.
- The **vision and mission** of the CBT Skills Groups Society of Victoria was discussed. The Society is responsible for upholding the standard of the CBT Skills Groups as they spread across the province.
- Provincial spread and sustainability activities were reviewed.
- Shared Care Committee feedback noted that:
  - The CBT Group Medical Visits would be useful in helping **surgical patients** manage symptoms of depression and anxiety; and
  - The project should connect and share lessons learned with the **Family Caregivers of BC pilot project** in Sooke, BC which aims at helping caregivers manage anxiety and depression.

### FOCUS OF SHARED CARE COMMITTEE

Developing innovative approaches to improving collaboration between GPs, GPs with focused Practice, and specialist physicians, and spreading success through Spread Networks and other strategies.