

2022/23

Formed in 2006 as part of the Physician Master Agreement, Shared Care works closely with the other committees (Family Practice Services Committee, Specialist Services Committee, Joint Standing Committee on Rural Issues), but has its own distinct mandate and projects. Shared Care is one of four joint collaborative committees that represent a partnership of the Government of BC and Doctors of BC.

In 2022/23, Shared Care continued to facilitate collaboration between family physicians, specialists, and partners to deliver effective health care for British Columbians, especially for those with chronic health conditions.

Through the passion, innovation, and dedication of physicians and teams, Shared Care is building towards a collaborative infrastructure to support sustainable improvements for a coordinated health care system in BC.

INITIATIVES & HIGHLIGHTS

Supporting Provider and Patient Mental Health

COGNITIVE BEHAVIOURAL THERAPY (CBT) SKILLS GROUP & CBT SPREAD INITIATIVE

With a curriculum initiated by the Victoria Division of Family Practice in 2015, aims to increase access to early, equitable mental health support in primary care. This program expands the knowledge and confidence of family physicians to use evidence-based psycho-social skills with their patients, and enhances collaborative care between psychiatrists and family physicians.

Physicians meet in groups to learn CBT-based skills, evidence-based strategies, and practical tools to both support their own health and well-being and use with patients.

2022/2023 Highlight:



More than 16 groups participated in Physician Wellness Training across multiple BC regions, increasing spread of the CBT Skills Group program.

Supporting patients when their symptoms require only minimal intervention not only reduces downstream costs, but also empowers patients to self-manage their symptoms.

Learn about the success of the program for patients and physicians in this [BCMJ article](#).



Indigenous Cultural Safety & Humility

CREATING A SAFE SPACE FOR INDIGENOUS PATIENTS IN PRIMARY CARE

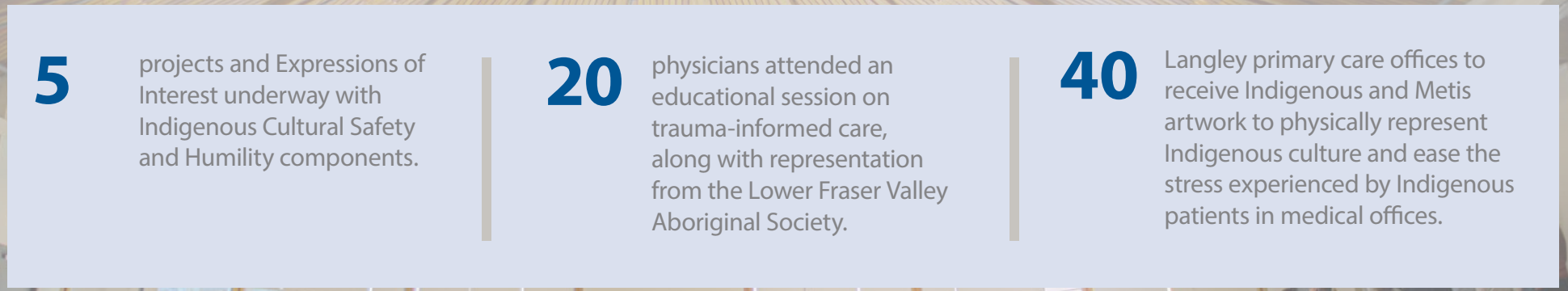
Developed by the Langley Division of Family Practice, this project supports patients and primary care providers to feel safe and mutually respectful in their medical and health care journeys. The Division set out to develop a community and platform that provide primary care providers with opportunities to contemplate their roles in creating a safe space, being open and curious to learning, and engaging with local Indigenous voices.

2022/2023 Highlights:

With the Langley project ongoing, **a greater focus on Indigenous Cultural Safety and Humility** is emerging from teams submitting projects for Shared Care from across the Vancouver Coastal, Fraser, Island, Interior, and Northern Health regions.

“The ideal future would lead to better patient satisfaction with care, improved diagnostic accuracy, timely access, and preventative medicine,” explains Dr Carolyn Van Schagen, a family physician and Langley Division’s board chair.

“To achieve this, it would require a high level of trust and empathy, respect for knowledge and understanding of cultural needs, and access to diagnostic facilities—with the acknowledgement that facilities present barriers to access.

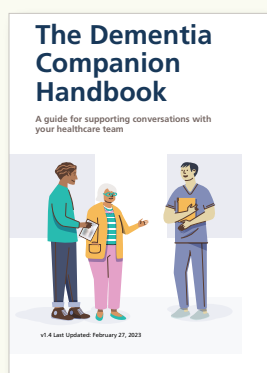


Senior Care

COORDINATING COMPLEX CARE FOR OLDER ADULTS WITH DEMENTIA

The project was developed in response to a pressing need to streamline and coordinate care across multiple physicians and service providers, improve communication channels between family and specialist physicians, health authority programs, Divisions of Family Practice, and other providers along the complex care journey of a patient living with dementia.

2022/2023 Highlights:



The project concluded, with tools created to improve communication and coordination of appointments, and help streamline the dementia care journey, including:

Coordinating Dementia Tool & Dementia Companion Handbook

